

Week ONE menu – for weeks commencing: 02.11.09, 23.11.09, 14.12.09, 18.01.10, 08.02.10, 08.03.10, 29.03.10

Monday	Tuesday	Wednesday	Thursday	Friday
Mild Beef Curry. Macaroni Cheese.	Fish Fillet with Crispy Crumb. Mixed Pepper Pizza.	Roast Pork Shoulder and Gravy. Mexican Bean Fajitas.	Lamb Lasagne. Tasty Bean Casserole.	Oven Baked Sausages. Welsh Rarebit Wedges.
Vegetable Medley. Sweetcorn. Mixed Salad.	Peas. Oven Roasted Vegetables. Mixed Salad.	Broccoli Florets. Carrots. Mixed Salad.	Sweetcorn and Peas. Cauliflower. Mixed Salad.	Fruity Coleslaw. Baked Beans. Mixed Salad.
Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.
Savoury Rice. Jacket Potato.	Oven Baked Potato Wedges. Tomato Pasta.	Oven Roast Potatoes. Potato Cake.	Parsley Potatoes. Jacket Potato.	Chunky Chips. Creamy Mashed Potatoes.
Pear and Chocolate Sponge and Chocolate Sauce. Seasonal Fresh Fruit Pot.	Creamy Rice Pudding with Raisins. Seasonal Fresh Fruit Pot.	Apple Pie and Custard or Melting Moment. Seasonal Fresh Fruit Pot.	Wholemeal Chocolate Cake and Chocolate Sauce. Seasonal Fresh Fruit Pot.	Orange and Lemon Drizzle Cake and Custard. Seasonal Fresh Fruit Pot.

Week TWO menu – for weeks commencing: 09.11.09, 30.11.09, 04.01.10, 25.01.10, 22.02.10, 15.03.10

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Bolognese. Cheese and Potato Pie.	Chicken Pie & Gravy. Vegetable Goulash.	Roast Chicken Drumstick and Gravy. Cauliflower and Broccoli Crunch.	Beef Burritos. Jacket Potato with Mixed Beans.	Salmon and Broccoli Pasta Bake. Margharita Pizza.
Green Beans. Sweetcorn. Mixed Salad.	Diced Carrot & Swede. Peas. Mixed Salad.	Shredded Green Cabbage. Chunky Carrots. Mixed Salad.	Vegetable Medley. Broccoli Florets. Mixed Salad.	Baked Beans. Carrot and Celery Sticks. Mixed Salad.
Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.
Spaghetti. Jacket Potato.	Boiled Potatoes. Fluffy Rice.	Oven Roast Potatoes. Creamy Mashed Potatoes.	Oven Baked Potato Wedges. Savoury Rice.	Chunky Chips. Potato Cake.
Carol's Special Treacle Muffin & Custard. Seasonal Fresh Fruit Pot.	Oaty Orchard Crumble & Vanilla Sauce. Seasonal Fresh Fruit Pot.	Toffee Apple Sponge and Custard. Seasonal Fresh Fruit Pot.	Nursery Wheels & Chocolate Sauce. Seasonal Fresh Fruit Pot.	Frozen Strawberry Yoghurt. Seasonal Fresh Fruit Pot.

Week THREE menu – for weeks commencing: 16.11.09, 07.12.09, 11.01.10, 01.02.10, 01.03.10, 22.03.10.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Casserole with Herby Dumplings. Neopolitan Pasta.	Ham and Pineapple Pizza. Roast Vegetable Wrap.	Roast Topside of Beef and Gravy. Bean and Vegetable Chilli.	Shepherds Pie. Winter Vegetable Crumble.	Oven Baked Fish Fingers. Cheese Flan.
Peas. Sweetcorn. Mixed Salad.	Broccoli. Grated Carrot. Mixed Salad.	Shredded Green Cabbage. Vegetable Medley. Mixed Salad.	Cauliflower. Carrots. Mixed Salad.	Baked Beans. Peas. Mixed Salad.
Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.	Freshly Baked Bread of the Day.
Creamy Mashed Potatoes. Savoury Rice.	Oven Baked Potato Wedges. Tomato Pasta.	Oven Roast Potatoes. Creamy Mashed Potatoes.	Parsley Potatoes. Potato Cake.	Chunky Chips. Jacket Potato.
Eve's Pudding and Custard. Seasonal Fresh Fruit Pot.	Chocolate Crunch and Chocolate Sauce. Seasonal Fresh Fruit Pot.	Peach & Pear Crumble & Custard. Seasonal Fresh Fruit Pot.	Treacle Sponge & Custard. Seasonal Fresh Fruit Pot.	Butterscotch Cookie or Yoghurt. Seasonal Fresh Fruit Pot.